

# COVID-19 (coronavirus)

**IF YOU HAVE** a cough, **OR** fever, **OR** shortness of breath  
**AND** have been to any of these places in the last 14 days:

- China
- Thailand
- Japan
- Republic of Korea (South Korea)
- Hong Kong
- Taiwan
- Singapore
- Malaysia
- Macau

Or any of these places since 19 February 2020:

- Parts of Northern Italy (north of Pisa)
- Laos
- Myanmar
- Cambodia
- Vietnam

**Please make your way to your residence, contact your GP by phone, stay indoors and visit [pha.site/coronavirus](http://pha.site/coronavirus) for advice. If you **DO NOT** have any symptoms you do not need to take any action.**

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If you have been to:

- Hubei province (including Wuhan), China in the past 14 days;
- or any of these specific areas since 19 February 2020:
- Iran
  - Specified towns in the Lombardy and Veneto regions in Northern Italy
  - Daegu or Cheongdo in South Korea

**Please make your way to your residence, stay indoors and call the **NHS helpline on 111** for advice, **EVEN IF YOU DO NOT HAVE SYMPTOMS**. Visit [pha.site/coronavirus](http://pha.site/coronavirus) for further information.**